



11 - May - 2025

**GRAND HYATT
KOCHI**

SCIENTIFIC BROCHURE

APPLIED FOR TCMC CREDIT POINTS

**SCAN FOR
REGISTRATION**



www.cendosupdate.com

Dear Colleagues,

Following the success of our inaugural conference, the CENDOS team is continuing the efforts to promote endocrinology within the medical fraternity by organizing the 2nd annual CENDOS update 2025. This prestigious event will be held at Hotel Grand Hyatt, Kochi, on May 11th 2025.

We invite all of you to register and participate in this premier conference which will bring together renowned national and international experts in the field of endocrinology to discuss best clinical practices, the latest research, and groundbreaking innovations.

Looking forward to seeing you at the conference.

Organising Secretaries

Dr Nibu Dominic
Dr Girish Parthan



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Trivandrum



DR VIMAL M V
Kozhikode



HARRISON HALL

TIME	TOPIC	SPEAKER
08:00 AM	Registration	
08:55 AM	Welcome Address	Dr Vipin V P
09:00 AM	Managing Steroid Induced Adrenal Insufficiency	Dr Sowrabha Bhat
09:30 AM	Hyponatremia – Current Perspectives for Physicians	Dr Ganesh H K
10:00 AM	Emerging Research On Digital Health Tools- Continuous Glucose Monitoring, And Telehealth For Diabetes Care	Dr Om Lakhani
10:30 AM	INAUGURATION	
10:55 AM	Diabetes And Varied Diets – Intermittent Fasting, Ketogenic, Religious Fasting	Dr Soumik Goswami
11:20 AM	STEPping up obesity care with Semaglutide 2.4 mg	Prof Stephen Bain
11:45 AM	Unraveling the Intertwined link of Diabetes, Obesity, and CVD with Focus on 'SOUL' outcomes	Prof Stephen Bain
12.00 N	Difficult To Interpret TFT – Case Based Discussion	Dr Vimal Mv
12.25 PM	SURPASS: Paving the way to target HbA1c & weight	Dr Girish Parthan
12.45 PM	SURMOUNT-ing Obesity with Tirzepatide	Dr R Santhosh
01.05 PM	Hormones And Aging Gracefully. Tips And Tricks	Dr Altamash Shaikh
01.30 PM	LUNCH	
02.00 PM	Interpreting Calcium– Perspectives For The Physician	Dr Raju Gopal
02.25 PM	Preventing fractures in elderly- Mending cracks	Dr Kripa Elizabeth Cherian
02.50 PM	Approach To Hyperprolactinemia	Dr Anantharaman R
03.15 PM	OSA- Are We All Looking For It - Duologue	Dr Subin Ahmed, Dr Tittu Oommen
03.40 PM	MASLD- Practical Approach	Dr Rv Jayakumar
04.10 PM	Debate – Weighing The Options – Weight Loss Drugs Vs Weight Loss Surgery	Dr Ravi Kanth R / Dr Anish Ahmed
04.30 PM	Panel Discussion – Treatment Options In Hyperthyroidism – The Good The Bad And The Ugly	Moderator Dr Nisha Bhavani Panelist Dr Arun Sasikumar, Dr Aromal Chekavar S, Dr P K Jabbar

5.00 PM - VALEDICTORY FUNCTION

HUTCHISON HALL

TIME	TOPIC	SPEAKER
09:00 AM	Hypogonadism in a young male	Dr Prem Narayanan
09:20 AM	Uncontrolled Hypertension and muscle weakness	Dr Karthik Vijayakumar
09:45 AM	Recurrent hypoglycemia in a 60-year-old diabetic	Dr Akhil Krishna
10:10 AM	Low TSH in the first trimester of pregnancy	Dr Sreenath R
10:30 AM	INAUGURATION	
10:50 AM	Time to act in CKD: Finerenone as a pillar of treatment in T2D patients	Dr Zacharia PS
11:15 AM	Debate -Will machines take over medical practice - AI in medicine vs no AI	FOR-Dr Om Lakhani AGAINST- Dr James Antony
11:40 AM	Approach to Hirsutism	Dr Beatrice Anne
12:05 PM	SELECTing outcomes beyond weight loss with Semaglutide 2.4 mg	Dr Anish Ahmed
12:25 PM	Diabetes management in Perioperative and ICU settings	Dr Ajeesh T
12:45 PM	Management of Thyroid nodules	Dr Soumya S
01:05 PM	Menopausal HRT	Dr Kripa Elizabeth Cherian
01:30 PM	LUNCH	
02:00 PM	PCOS across the life span	Dr Prashant Mappa
02:25 PM	From Fragility to Strength: Advancing Therapies in Osteoporosis Care	Dr Vipin V P
02:55 PM	Is vitamin D a panacea for all	Dr Jinson Paul
03:20 PM	Redefining Diabetes Treatment: Oral Semaglutide and it's impact on Cardio Kidney Metabolic (CKM) Syndrome	Dr P K Jabbar
03:35 PM	Advancing excellence: Role of new generation insulin in Diabetes Therapy	Dr Riyas R S
03:50 PM	Diabetic Neuropathy screening and management	Dr Nandini Prasad
04:15 PM	PANEL DISCUSSION Panel - Early intervention to mitigate cardio renal risks in Diabetes . Laying the foundation	Moderator Dr Jayaprakash P Panelists Dr Anand Kumar, Dr Jithin Kumar & Dr Mini Pillai

5.00 PM - VALEDICTORY FUNCTION



DAVIDSON HALL

	TOPIC	
	QUIZ COMPETITION	QUIZ MASTERS Dr Soumik Goswami & Dr Karthik Vijayakumar
	ORAL PRESENTATIONS	
	E - POSTER PRESENTATIONS	

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CALL FOR ABSTRACT

CATEGORIES

- 1) MD/DNB POSTGRADUATES
- 2) DM/DRNB POSTGRADUATES
- 3) PRACTICING PHYSICIANS & PRACTICING ENDOCRINOLOGISTS

**LAST
DATE**
**20th APRIL
2025**

GUIDELINES FOR ABSTRACT SUBMISSION ARE AS FOLLOWS

1. STRUCTURED ABSTRACT WITH BACKGROUND, METHODS, RESULTS, AND CONCLUSION
2. MAXIMUM WORD COUNT OF 350
3. CASE REPORTS SERIES RELEVANT TO ENDOCRINOLOGY, DIABETES MELLITUS AND METABOLISM WILL ALSO BE CONSIDERED.
4. MOBILE NUMBER AND EMAIL-ID OF THE PRESENTING AUTHOR SHOULD BE MENTIONED DURING SUBMISSION
5. SCIENTIFIC ABSTRACTS CAN BE SUBMITTED BY CLICKING ON THE LINK BELOW OR VIA WORD DOCUMENT TO CENDOSUPDATE2025@GMAIL.COM WITH SUBJECT HEADING (CONFERENCE ABSTRACT)

CLICK HERE



FOR ABSTRACT SUBMISSION

SCAN FOR
SUBMISSION



CENDOS UPDATE 2025

What's your endocrine quotient?

The Hormone Quiz

**11th May 2025,
Grand Hyatt , Kochi**



**ATTRACTIVE
PRIZES**

**FOR PARTICIPATION OR MORE DETAILS
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